

PRIVACY POLICY

H&H Health Associates, Inc.

Effective Date: January 1, 2026

Last Updated: March 16, 2026

Address: 3660 South Geyer Road, Suite 100, St. Louis, MO 63127

Email: Info@HHHealthAssociates.com

Phone: (314) 845-8302

1. Who We Are

This Privacy Policy explains how **H&H Health Associates, Inc.** ("Company," "we," "us," or "our") collects, uses, protects, and discloses personal information, including information used for our SMS text messaging program.

2. Scope

This Policy applies to information collected through our websites, webforms, communication channels, emails, phone calls, SMS/MMS messaging, and related services.

3. Information We Collect

We may collect:

- Contact information such as name, email address, and phone number.
- Information submitted through website forms, emails, phone calls, and SMS/MMS messages.
- Technical data such as device details, browser type, IP address, and timestamps.
- Messaging metadata including opt-in records, opt-out requests, delivery status, and carrier information.

4. How We Collect Information

We collect information when you:

- Submit a form on our website, including via the SMS consent checkbox.
- Communicate with us by phone, email, or SMS.
- Provide information during support or service interactions.
- Visit or interact with our website.

5. How We Use Information

We use collected information to:

- Respond to inquiries and provide customer support.
- Send SMS replies and customer-service communications in accordance with your consent.
- Maintain compliance with messaging regulations and carrier requirements.
- Improve security, functionality, and quality of our services.
- Comply with legal and operational obligations.

6. SMS Program Disclosures

By opting into SMS messaging, you agree to receive text messages from **H&H Health Associates, Inc.** at the phone number you provide.

- Message and data rates may apply.
- Message frequency may vary.
- Reply **STOP** to unsubscribe.
- Reply **HELP** for assistance.

7. Data Sharing & Disclosure

We do **not** sell or share your mobile number or SMS consent data with third-party marketers. We may share information only with:

- Service providers who assist in delivering communications or maintaining our systems.
- Carriers and intermediary messaging platforms.
- Legal and regulatory authorities when required.
- Successor entities in the event of a corporate transaction.

8. Data Retention

We retain personal information—including SMS consent and opt-out logs—as needed for operational, legal, and compliance purposes.

9. Your Rights & Choices

You may:

- Opt out of SMS messaging anytime by replying **STOP**.
- Request access, correction, or deletion of your information by contacting us at **Info@HHHealthAssociates.com**.

10. Security

We use reasonable measures to protect your information. No system is completely secure.

11. Children's Privacy

We do not knowingly collect information from children under age 13.

12. Changes to This Policy

We may update this Privacy Policy occasionally. The "Last Updated" date reflects the most recent revision.

13. Contact Us

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