

Sometimes, Students Don't Know Where To Turn To...

H &H Health Associates Can Help!



- ✓ Worried about someone drinking?
- ✓ Stressed?
- ✓ Family Problems?
- ✓ Other concerns?

24-hour Student Assistance Program (SAP)

- Students are able to speak with a counselor anytime
- SAP researches community resources & coordinates referrals
- In-Person Sessions, Telephonic Help, and Web-Based Info is all available – An SAP Counselor will help you get what you need
- Extensive web-based services (Thousands of articles and info) available
- The SAP is free, confidential, and professional



CALL THE FREE, CONFIDENTIAL, 24-HOUR CARELINE

314-845-8302 ♦ 800-832-8302